



PWS Research: Progress & Possibilities

Theresa Strong
Director of Research Programs
Foundation for Prader-Willi Research
Daniel's mom



Agenda

1

Update on PWS Research Activities



2

A look ahead



3

Questions & Discussion



THE FOUNDATION FOR PRADER-WILLI RESEARCH



Mission: to eliminate the challenges of PWS through the advancement of research and therapeutic development

Focus: accelerate progress towards the discovery, evaluation and approval of new therapies for PWS, optimizing clinical care

Vision: a world in which all individuals with PWS are physically healthy, mentally well and able to live full and independent lives



FPWR: Strategic Directives

- **Focus on translational research** that advances lab and clinic observations into new therapies that improve the health and well-being of people with PWS.
- **Balance short-term and long-term investments** to address the pressing need for improvements in treatments and care while working to develop transformative therapies that will require more time.
- **Build PWS research capacity** by supporting investigators who are new to the PWS field, fostering collaborations, providing research tools that can be widely used.
- **Invest in a diverse research portfolio**



What research should we prioritize?

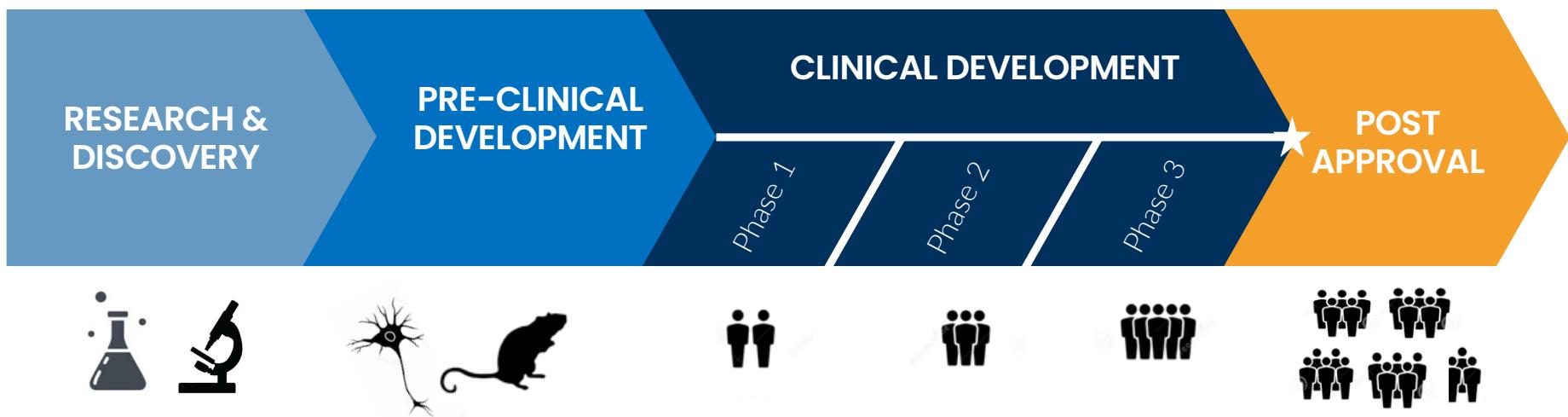
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DRUG DEVELOPMENT PIPELINE TO NEW THERAPIES

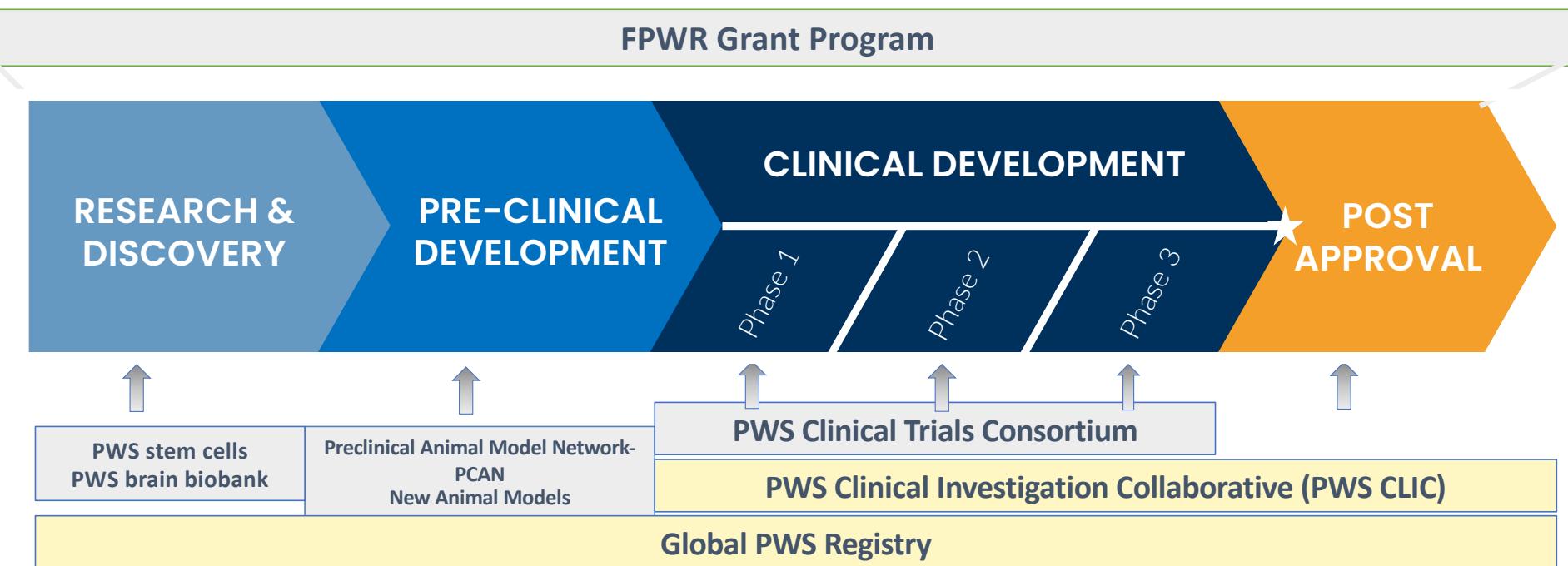
Our goal: accelerate every step in this process



THE FOUNDATION FOR PRADER-WILLI RESEARCH

FPWR Initiatives to Advance Research

Across the therapeutic development pipeline





<https://www.fpwr.org/pws-clic>

Mission: to improve the quality of clinical research and medical care for people with PWS across the lifespan through collaborative investigation and research to support evidence-based care

PWS Clinical Investigation Collaborative



30 CLIC Sites Across the US and Canada



Building a shared clinical database to pool information and answer clinical questions



PWS Clinical Workshops

*GLP-1 Agonists in PWS:
What is their role?*

*Therapeutics for
behavior and mental
health concerns in PWS*

*Health Equity in PWS
Clinical Research and
Care*

*Aging in PWS:
Optimizing care for
individuals with PWS across
the lifespan*

Financial support:



Global PWS Registry Home About News Contact Register Log In

Global Prader-Willi Syndrome Registry

Building Knowledge, Accelerating Research and Improving Care

Learn more

Rare Disease Research

This is a unique rare disease patient registry. Are you interested in using our data to further your rare disease research?

Researchers »

Participating in This Study

Information collected during this study may be used to help provide opportunities for patients and researchers to collaborate in the rare disease community.

Patients »

Join the Registry

Please create an account and provide consent to participate in the study.

Register

Click here for our Getting Started with the PWS Registry Instruction Manual.

GLOBAL PRADER-WILLI SYNDROME REGISTRY powered by NORD National Organization for Rare Disorders

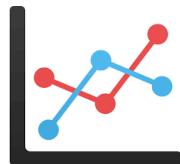
www.pwsregistry.org
NORD's IAMRARE platform

- Launched in 2015
- Parent reported data: diagnosis, GI, neurology, endocrine, behavior, medications, quality of life
- Currently ~2,600 participants from 35 countries
- ***Version 2.0 will be launched before the end of the year – new capabilities, translations***

How are we using the Global PWS Registry?



Learn about the scope of PWS symptoms to optimize clinical care



Build knowledge to inform therapeutic development for pharmaceutical companies, regulatory agencies



Bring quantitative data to support anecdotal evidence in documenting the unmet medical needs of our patient community

PWS Registry - Supporting Clinical Trials and Clinical Care

>25

Recruitment: supporting recruitment for clinical trials and research studies



>20

Data: providing data to inform protocol development, regulatory interactions & submissions, and clinical care



>5

Outcome Measures: Development and improved understanding of clinical outcome assessments



Strength of the Global PWS Registry



genes

Article
The Global Prader-Willi Syndrome Registry: Development, Launch, and Early Demographics

Jessica Bohonowycz¹, Jennifer Miller², Shawn E. McCandless³ and Theresa V. Strong^{3,4*}

¹ Foundation for Prader-Willi Research, Walnut, CA 91789, USA; jessica.bohonowycz@pwsr.org
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Received: 31 July 2019; Accepted: 9 September 2019; Published: 14 September 2019

MDPI

Check for updates

Wheeler et al.
Journal of Neurodevelopmental Disorders (2023) 15:3
<https://doi.org/10.1186/s11689-023-09504-x>

Journal of Neurodevelopmental Disorders

RESEARCH **Open Access**

Age of diagnosis for children with chromosome 15q syndromes

Anne C. Wheeler¹ , Marie G. Gantz¹, Heidi Cope¹, Theresa V. Strong², Jessica E. Bohonowycz², Amanda Moore³ and Vanessa Vogel-Farley⁴

Check for updates

BMC Ophthalmology

RESEARCH **Open Access**

Incidence of strabismus, strabismus surgeries, and other vision conditions in Prader-Willi syndrome: data from the Global Prader-Willi Syndrome Registry

Jessica E. Bohonowycz¹, Caroline J. Vrana-Diaz², Jennifer L. Miller², Shawn E. McCandless³ and Theresa V. Strong^{1*}

¹ Foundation for Prader-Willi Research, Walnut, CA 91789, USA; jessica.bohonowycz@pwsr.org
² Department of Pediatrics, University of Colorado School of Medicine and Children's Hospital Colorado, Aurora, CO, USA; shawn.mccandless@ucdenver.edu
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Received: 21 June 2020 | Revised: 10 November 2021 | Accepted: 26 December 2021
DOI: [10.1186/s12886-021-02557-4](https://doi.org/10.1186/s12886-021-02557-4)

Check for updates

RESEARCH ARTICLE **Open Access**

Suicidality in individuals with Prader-Willi syndrome: a review of registry survey data

Analise Peleggi¹, Jessica Bohonowycz², Theresa V. Strong^{2,3} and Soo-Jeong Kim^{1,4*}

Check for updates

Journal of Clinical Medicine

Article
Thrombosis Risk History and D-dimer Levels in Asymptomatic Individuals with Prader-Willi Syndrome

Lisa Matesevac¹ , Jennifer L. Miller², Shawn E. McCandless³ , Jaret L. Malloy⁴, Jessica E. Bohonowycz¹, Caroline Vrana-Diaz¹ and Theresa V. Strong^{1,*}

MDPI

Check for updates

**Received: 29 September 2023 | Revised: 11 January 2024 | Accepted: 15 January 2024
DOI: [10.1002/ajmg.a.63546](https://doi.org/10.1002/ajmg.a.63546)**

ORIGINAL ARTICLE

Neuropsychiatric features of Prader-Willi syndrome

Emily Shelkowitz¹ , Marie G. Gantz² , Ty A. Ridenour² , Ann O. Scheimann³ , Theresa Strong⁴ , Jessica Bohonowycz⁴ and Jessica Duis¹

Check for updates

ScienceDirect
Contents lists available at scimedirect.com
Journal homepage: [www.elsevier.com/locate/ajmg](http://elsevier.com/locate/ajmg)

Patient-Reported Outcomes

The Prader-Willi Syndrome Anxiousness and Distress Behaviors Questionnaire: Development and Psychometric Validation

Sara P. Cotter, MBA, Lauren Schwartz, PhD, Theresa V. Strong, PhD, Randall H. Bender, PhD, Sheri E. Fehnel, PhD

ABSTRACT

Objectives: To facilitate the development of new therapies for Prader-Willi syndrome (PWS), we sought to develop a reliable and valid assessment of anxiousness and distress, common characteristics that have a significant negative impact on individuals with PWS and their families.

PLOS ONE

RESEARCH ARTICLE

Characteristics and relationship between hyperphagia, anxiety, behavioral challenges and caregiver burden in Prader-Willi syndrome

Natalie Kayadjanian^{1,2*}, Caroline Vrana-Diaz¹, Jessica Bohonowycz¹, Theresa V. Strong^{1,2,3}, Josée Morin⁴, Diane Potvin⁴, Lauren Schwartz^{1,2,5}

¹ Foundation for Prader-Willi Research, Walnut, California, United States of America, ² PWS-Clinical Trial Consortium, Walnut, California, United States of America, ³ Department of Genetics, University of Alabama, Birmingham, Alabama, United States of America, ⁴ Excelus Statistics, Montreal, Quebec, Canada, ⁵ Department of Rehabilitation Medicine, University of Washington, Seattle, Washington, United States of America

Research Article
Analysis of Hyperphagia Questionnaire for Clinical Trials (HQ-CT) Scores in Typically Developing Individuals and those with Prader-Willi Syndrome

Lisa Matesevac¹, Caroline Vrana-Diaz¹, Jessica Bohonowycz¹, Lauren Schwartz^{1,2} and Theresa V. Strong^{1,*}

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² Department of Rehabilitation Medicine, University of Washington, Seattle, WA, USA
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Abstract

**Received: 29 September 2023 | Revised: 11 January 2024 | Accepted: 15 January 2024
DOI: [10.1002/ajmg.a.63546](https://doi.org/10.1002/ajmg.a.63546)**

ORIGINAL ARTICLE

Feeding tube use and complications in Prader-Willi syndrome: Data from the Global Prader-Willi Syndrome Registry

Sani M. Roy¹ , Deborah Rafferty¹ , Amy Trejo¹ , Luke Hamilton¹ , Jessica E. Bohonowycz² , Theresa V. Strong² , Lusine Ambartsumyan³ , Samson Cantu¹ , Ann Scheimann^{4,5} and Jessica Duis^{6,7}

AMERICAN JOURNAL OF MEDICAL GENETICS PART A **WILEY**

Global PWS Registry: Fostering Collaborations



PWS-Specific Clinical Outcome Assessment Development

Hyperphagia Questionnaire For Clinical Trials (HQ-CT)

scientific reports

OPEN Analysis of Hyperphagia Questionnaire for Clinical Trials (HQ-CT) scores in typically developing individuals and those with Prader-Willi syndrome

Lisa Matsevac¹, Caroline J. Vrana-Diaz¹, Jessica E. Bohonowich¹, Lauren Schwartz^{1,2} & Theresa V. Strong^{1,3}

Assesses hyperphagic behaviors

Primary endpoint in most PWS trials

Tested in 600+ PWS participants & 400+ typical controls

Food Safe Zone

Dykens et al.
Journal of Neurodevelopmental Disorders (2025) 17:6
<https://doi.org/10.1186/s11689-024-09589-y>

Journal of
Neurodevelopmental Disorders

RESEARCH

Open Access

Validation of the Food Safe Zone questionnaire for families of individuals with Prader-Willi syndrome

Elisabeth M. Dykens^{1*}, Elizabeth Roof¹, Hailee Hunt-Hawkins¹ and Theresa V. Strong²

Assesses how parents maintain a food safe environment for their child with PWS.

Tested by 491 caregivers in the Registry

Now used in multiple clinical trials in conjunction with the HQ-CT.

PWS Profile

Dykens et al. *Orphanet Journal of Rare Diseases* (2024) 19:83
<https://doi.org/10.1186/s13023-024-03045-9>

Orphanet Journal of Rare Diseases

RESEARCH

Open Access

The Prader-Willi syndrome Profile: validation of a new measure of behavioral and emotional problems in Prader-Willi syndrome

Elisabeth M. Dykens^{1*}, Elizabeth Roof¹ and Hailee Hunt-Hawkins¹

Assesses major behavioral characteristics of PWS

Full validation was done with 500+ parents/caregivers;

Registry participants completed every 6 months- longitudinal data and stability over time.

Elisabeth Dykens, Vanderbilt U



Study Design with Responsible Return of Results for a Fully Remote Genome Sequencing Study in Individuals with Prader-Willi Syndrome

Caroline J. Vrana-Diaz¹, Jessica Bohonowych¹, Jaimie L. Richards^{2,3}, Brandon M. Wilk³, Manavalan Gajapathy³, Yael Bar-Peled⁵, Anna C. Harris⁵, Jessica J. Denton⁵, Donna Brown³, Elizabeth A. Worthey³, Theresa V. Strong^{1,4}

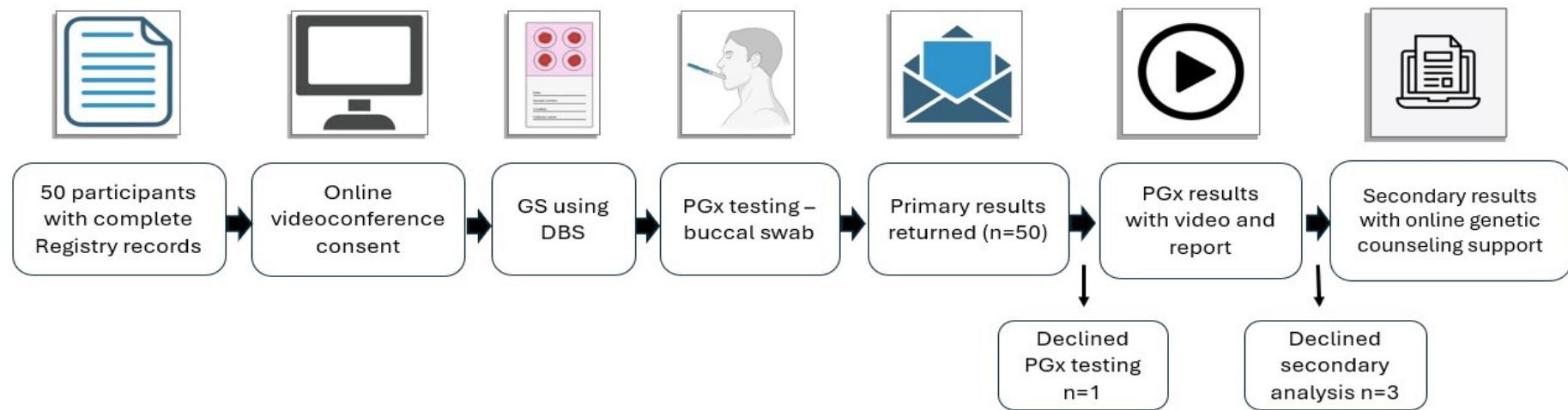
¹ Foundation for Prader-Willi Research, Covina, CA, USA; ² Division of General Internal Medicine and Population Science, University of Alabama at Birmingham Heersink School of Medicine, Birmingham, AL, USA; ³ Center for Computational Genomics and Data Science, Department of Genetics, University of Alabama at Birmingham Heersink School of Medicine, Birmingham, AL, USA; ⁴ Department of Genetics, University of Alabama at Birmingham Heersink School of Medicine, Birmingham, AL, USA; ⁵ Department of Clinical and Diagnostic Sciences, University of Alabama at Birmingham, Birmingham, AL, USA

Overview and Context

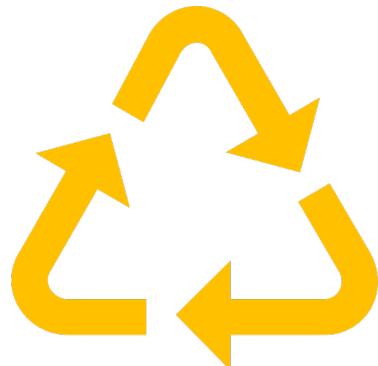
Clinical symptoms in PWS occur with varying degrees of frequency and severity among individuals.

Potential explanation for symptom variability → presence of variants throughout the genome that influences the expression of certain PWS characteristics.

Study to assess the feasibility of a fully remote, patient group-led, whole genome sequencing (WGS) study in PWS



Highlights of Data/Results



3 Levels of Returning Results

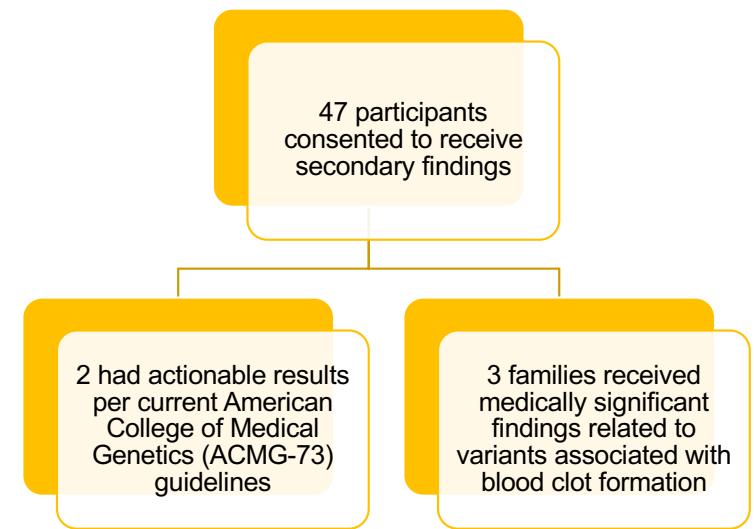
- Primary Findings Report
- Pharmacogenomics (PGx) Report
- Secondary Findings Report

Collaborative/Iterative Process

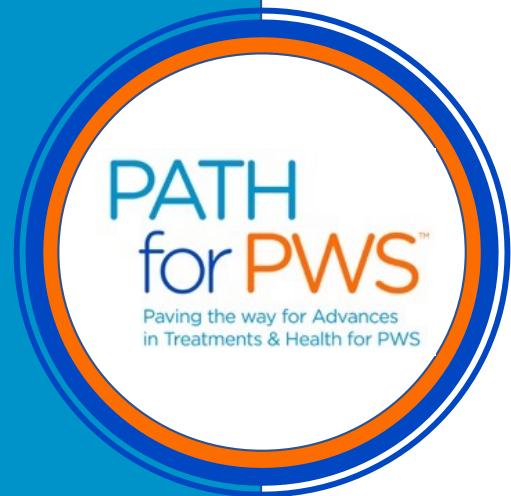
- Consent Discussion
- PGx report development
- Participant-facing materials
- Participant choices re: data sharing & return of results

Patient-Focused

- Reducing Burden
- Home sample collection
- Return of results important to families
- Qualitative interviews to discuss experiences



Serious Medical Events and PWS-associated Behaviors in *PATH for PWS*: A Non-Interventional, Observational, Natural History Study



Purpose & Overview

- ***Four-year, prospective, observational study to advance the understanding of serious medical events in individuals with PWS, age 5+***
- Fully remote study completed through the Global PWS Registry
- Parent-reported retrospective medical history, updates q 6 months:
 - Height & Weight
 - Prescription Medications
 - Behavior assessments: Hyperphagia (HQ-CT), Food Safe Zone, PWS Profile
- Detailed report on all serious medical events and thrombotic events, accompanying medical records uploaded if available
- Enrollment began late 2018

Enrollment and Retention

Target: 500 participants



700 Participants consented
647 Completed initial surveys

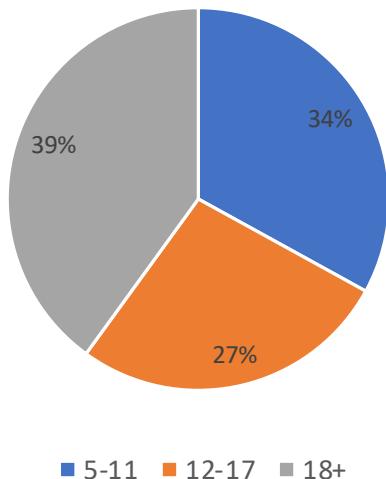
11 participant deaths
3 caregiver deaths
5 moved to group homes
4 unenrolled
89 become inactive

535 completers

83% stayed enrolled and active through the end of the 4-year study

Participant Demographics

Age at Enrollment

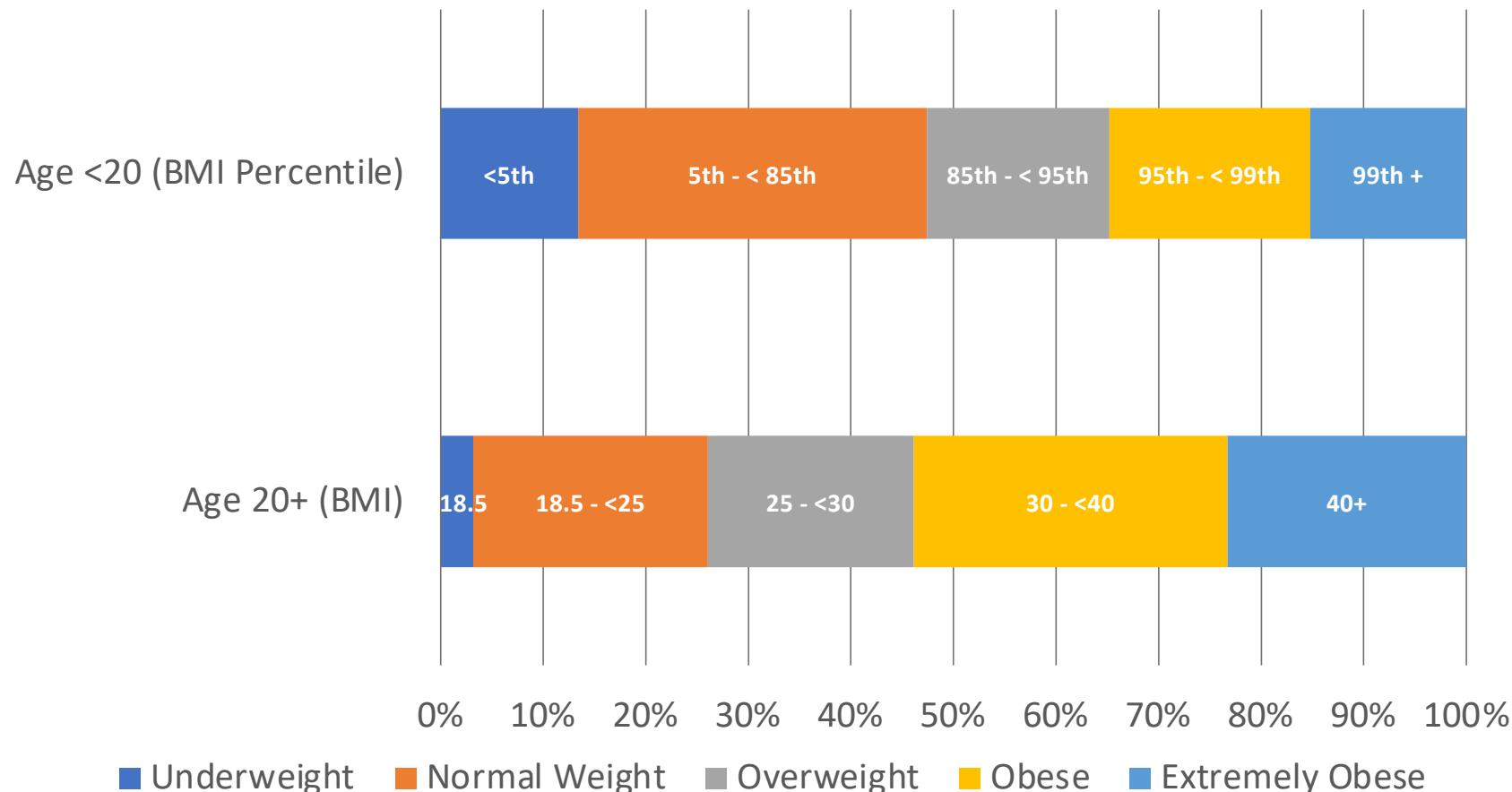


34%	Age 5-11	(n= 218)
27%	Age 12-17	(n=177)
24%	Age 18-29	(n= 156)
15%	Age 30+	(n=96)

- Equal distribution of male and female participants
- Genetic Subtype [81% provided confirmation of genetic dx]
 - 53% Deletion
 - 33.3% UPD
 - 8.5% Not determined/not reported
 - 2.6% Imprinting Defect
 - 1.4% Translocation
 - 1.2% Non-Deletion (methylation +, FISH neg)
- Participants from 4 countries
 - 88% US
 - 8% Canada
 - 3% Australia
 - 1 % New Zealand
- ~31% (n=201) have participated in clinical trials during PATH

Distribution of Body Mass Index at Entry

PATH
for PWS™



75% of adults
overweight or
obese

Clinical Narrative developed for each
Serious Medical Event (SME) (n=873)

285 of 647 participants
reported at least 1
SME

Reviewed by a physician familiar with
PWS to confirm event terms

MedDRA Coding completed by Trennic

1836 **event terms** / MedDRA codes
for analysis

1 Medical Event

ER Visit for
Abdominal Pain

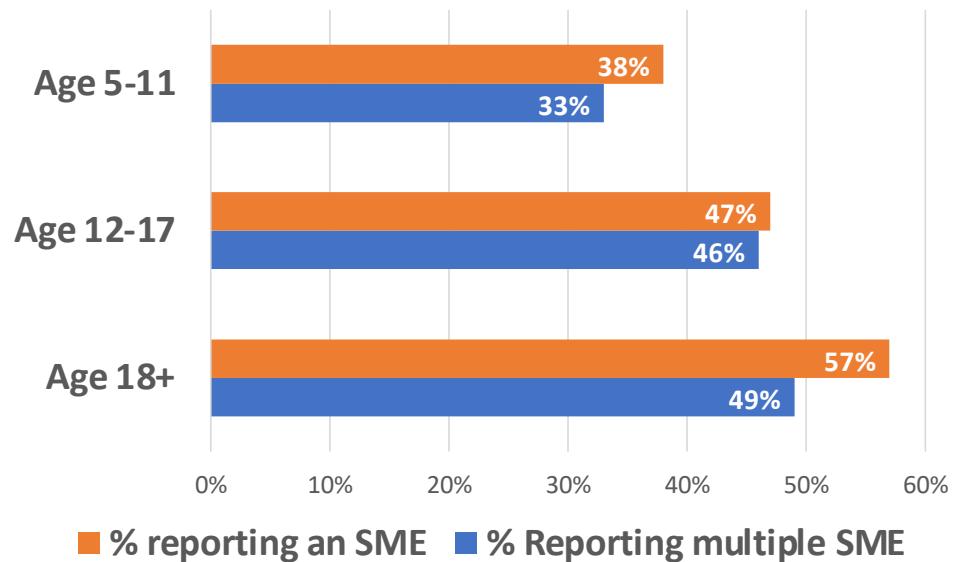
3 Event Terms

Vomiting
Bowel Obstruction
Intestinal Procedure

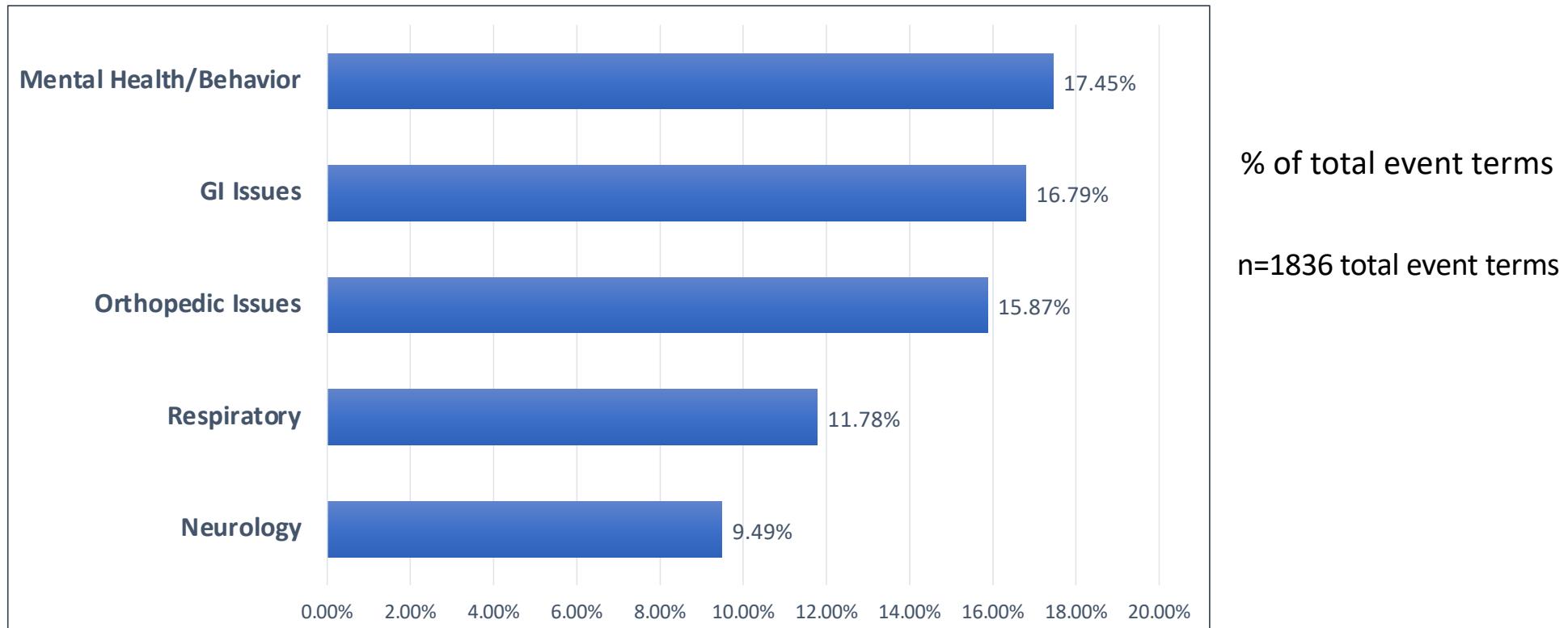
Serious Medical Events

- 285 of 647 of PATH participants reported at least one serious medical event during the study period
- Of those who documented a serious medical event, 67% have had multiple events
- Incidence of serious medical events increases with age
- Incidence of multiple events increases with age

SME percentages by age group



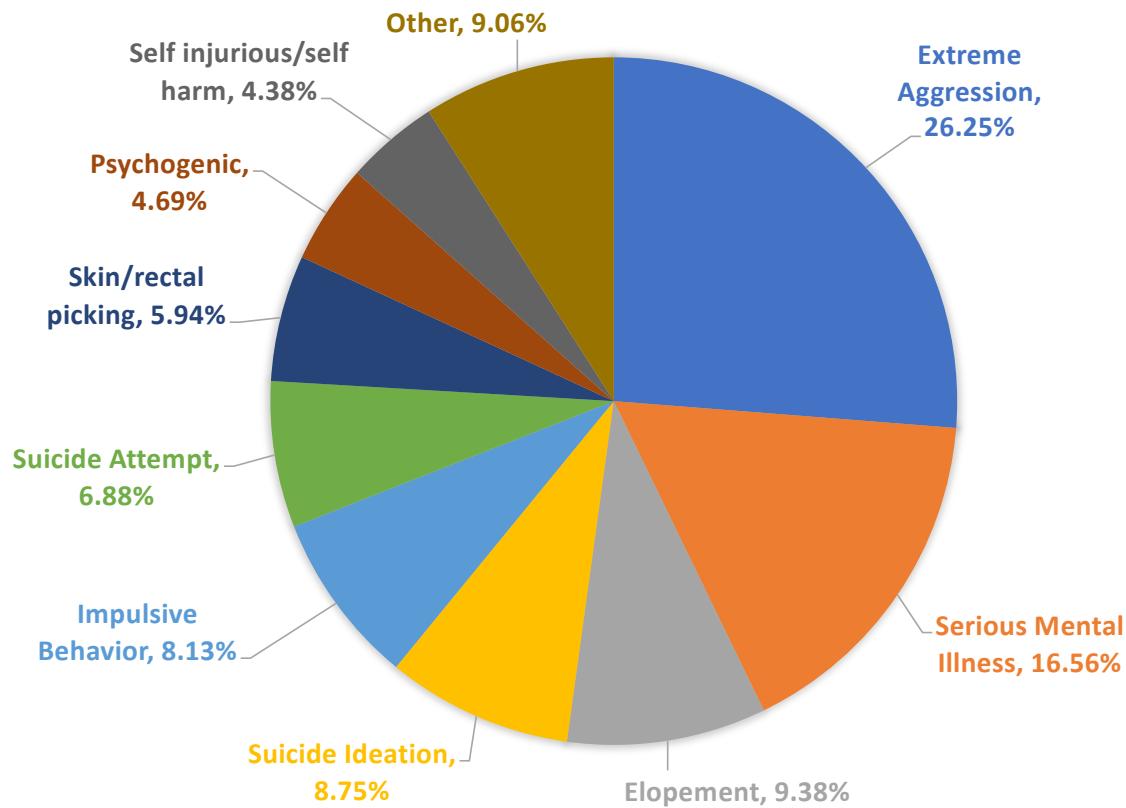
Serious Medical Event Term Categories



More than 70% of total event terms fell into the above categories
Of special interest – 12 blood clots, one of which was fatal

Serious Medial Event Terms: Mental Health

MENTAL HEALTH (N=320 EVENTS)



Occurred in 89 participants

- 42 females
- 47 males

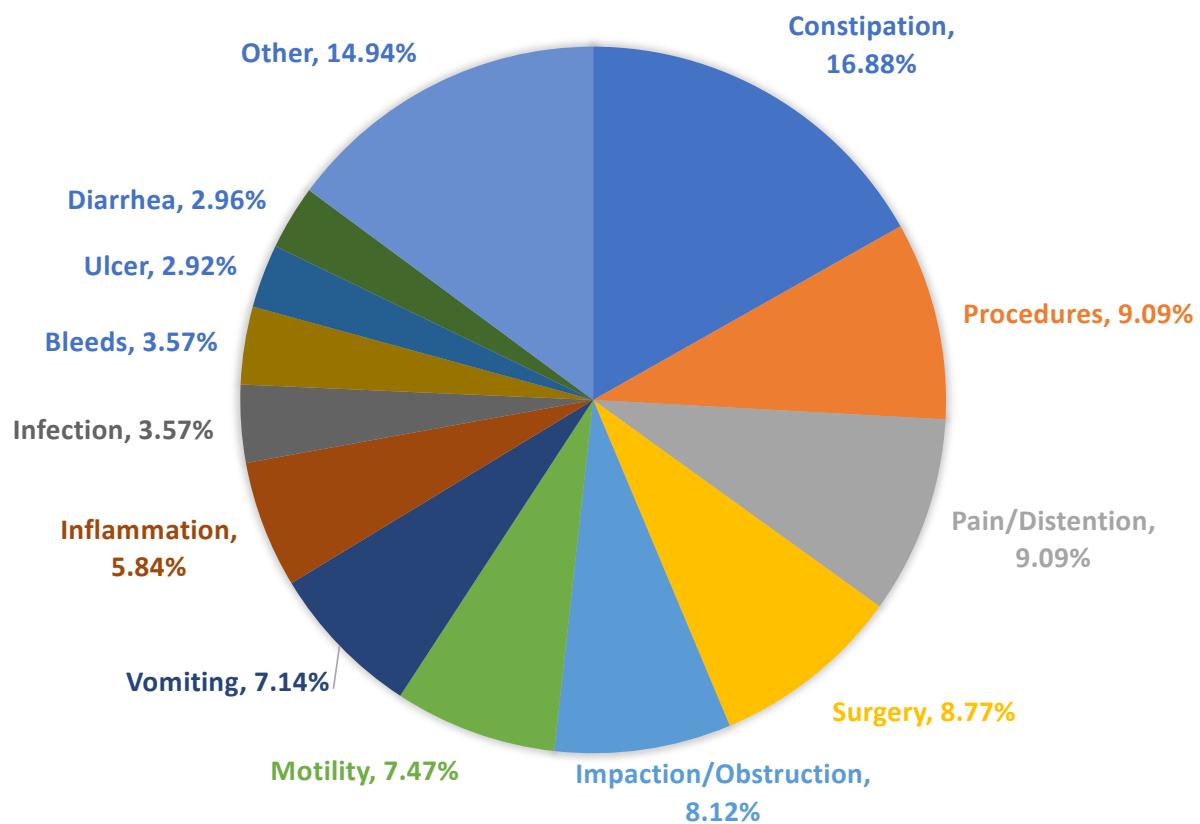
Subtype Breakdown

- UPD: 42 participants
- Deletion: 32 individuals
- Other: 15 individuals

GI Serious Medical Event Terms

PATH
for PWS™

GI (N=308)



Wide range of GI problems

18% of PATH participants reported at least one GI serious medical event

Orthopedic problems and surgeries



BMC Pediatrics 24: 118 (2024)

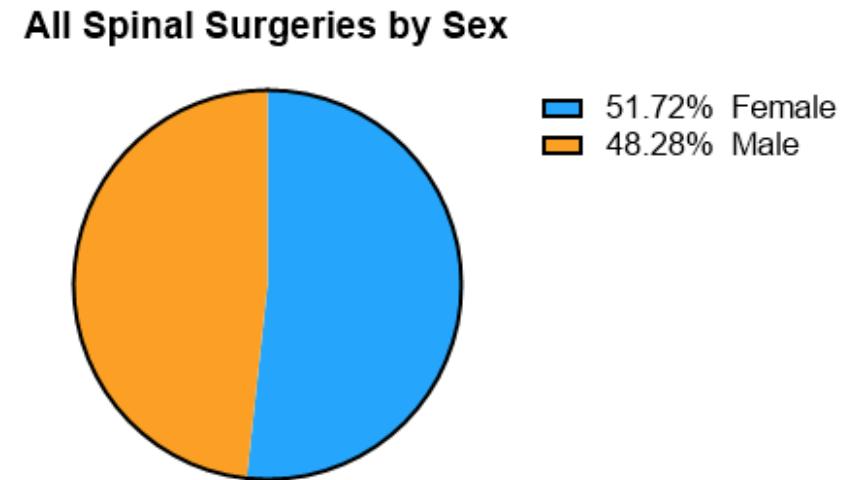
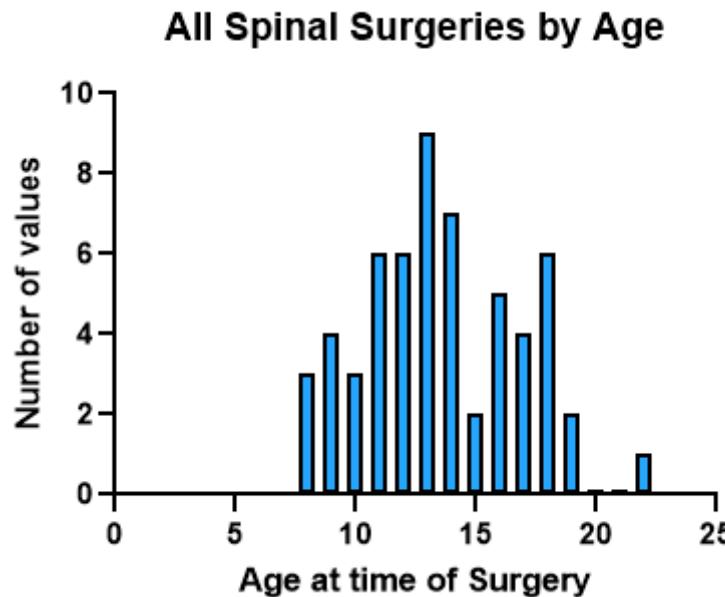
- 59 fractures and sprains (~10% of the PATH population)
 - 50 fractures reported over 4.5 years
 - Many associated with falls, some with extreme aggression events
 - Approx 2x the rate typical population [1.2%/year]
- 37 knee dislocations & surgeries in 18 individuals
 - Several repeat dislocations, some requiring surgical intervention
 - Approx 50x increased risk of knee dislocation in PATH participants vs. general population
- 5 Hip dysplasia / hip replacement surgeries
- 58 scoliosis-related spine surgeries



Spinal Surgeries in PATH Participants

PATH
for PWS™

58 surgeries in 44 individuals



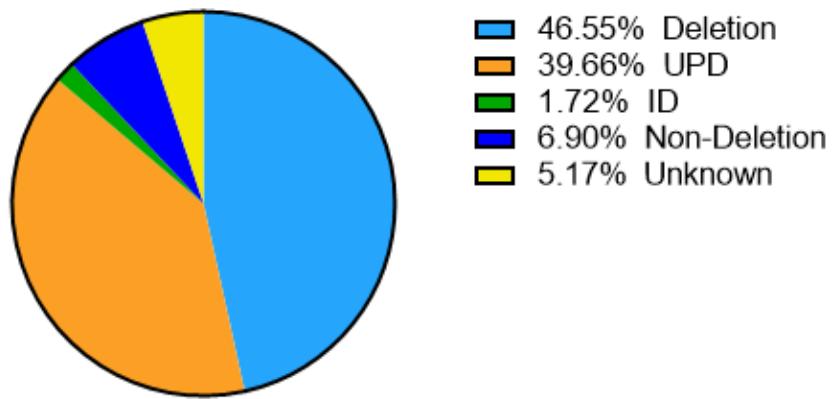
* Very different from general population

Spinal Surgeries in PATH Participants

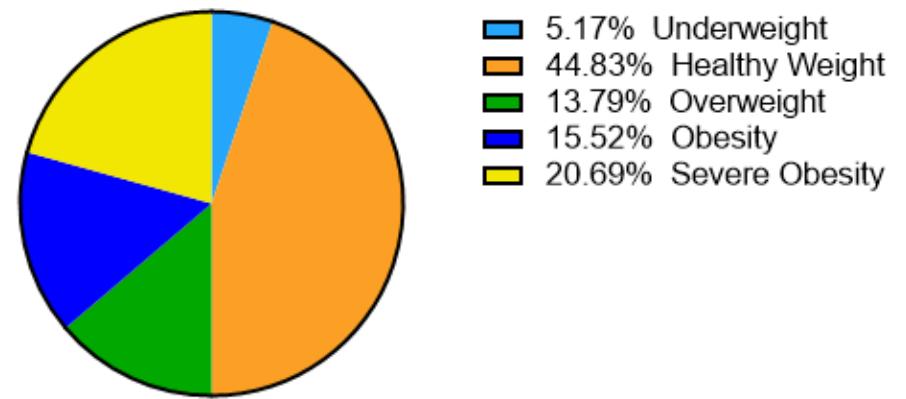


58 surgeries in 44 individuals

All Spinal Surgeries by Subtype



All Spinal Surgeries by BMI Category

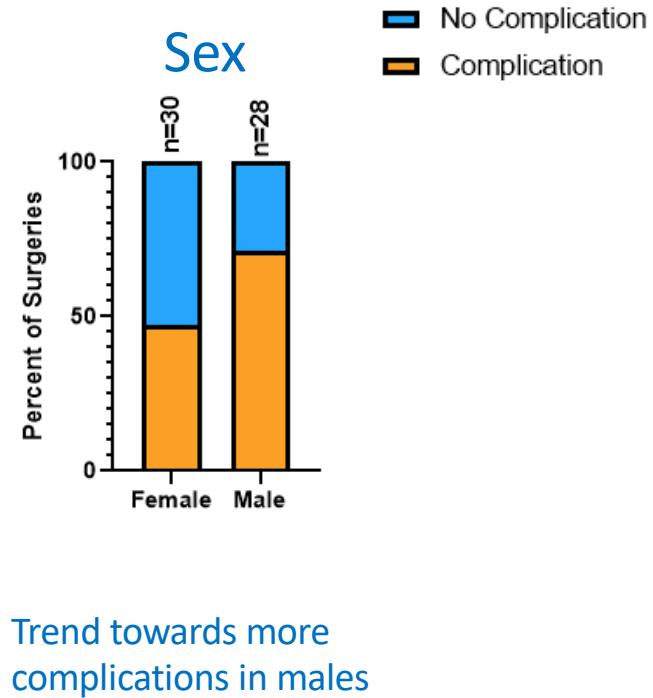
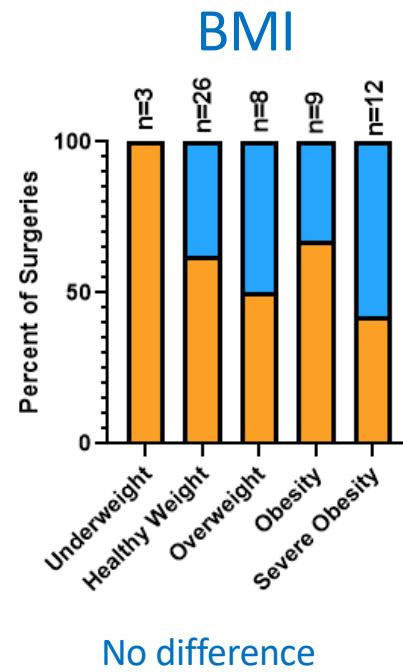
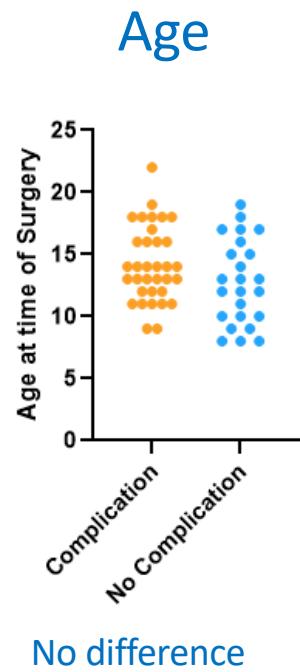


Genetic subtype and BMI are similar to baseline PATH population

Frequency of Complications – Spinal Surgeries

PATH
for PWS

34 of 58 surgeries (59%) were associated with at least 1 significant complication
63 complications reported in 30 individuals (68% of individuals)



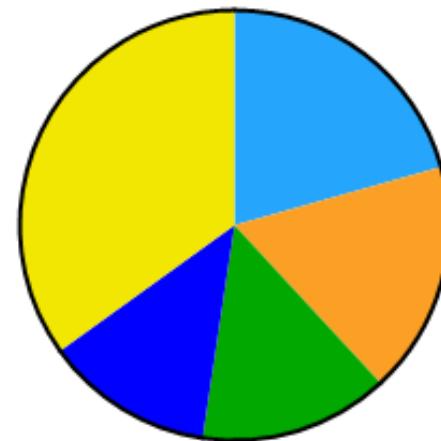
Types of Surgical Complications



Spinal Surgery Complication Categories

Other: less than 5 incidents each

- CSF Leak
- Headache
- Muscle spasm/intractable pain
- Nerve damage
- Tracheostomy
- Worsening kyphosis
- Tachycardia
- Incontinence
- Paralysis
- Pneumothorax



20.63%	Hardware Failure
17.46%	GI
14.29%	Infection
12.70%	Drug/Anesthesia Reaction
34.92%	Other

Care team should be aware of the high rate of complications in PWS patients undergoing scoliosis surgery

Analysis of Hyperphagia (HQ-CT), Environmental Control (FSZ) and BMI

- There were 621 participants with at least one measurement who were included in the baseline analyses
- Most participants had at least 7 HQ-CT & FSZ measures
- There were 582 individuals with 2 or more measurements that were included in longitudinal analyses

Correlation between Age, BMI Group, HQ-CT and FSZ

Baseline data

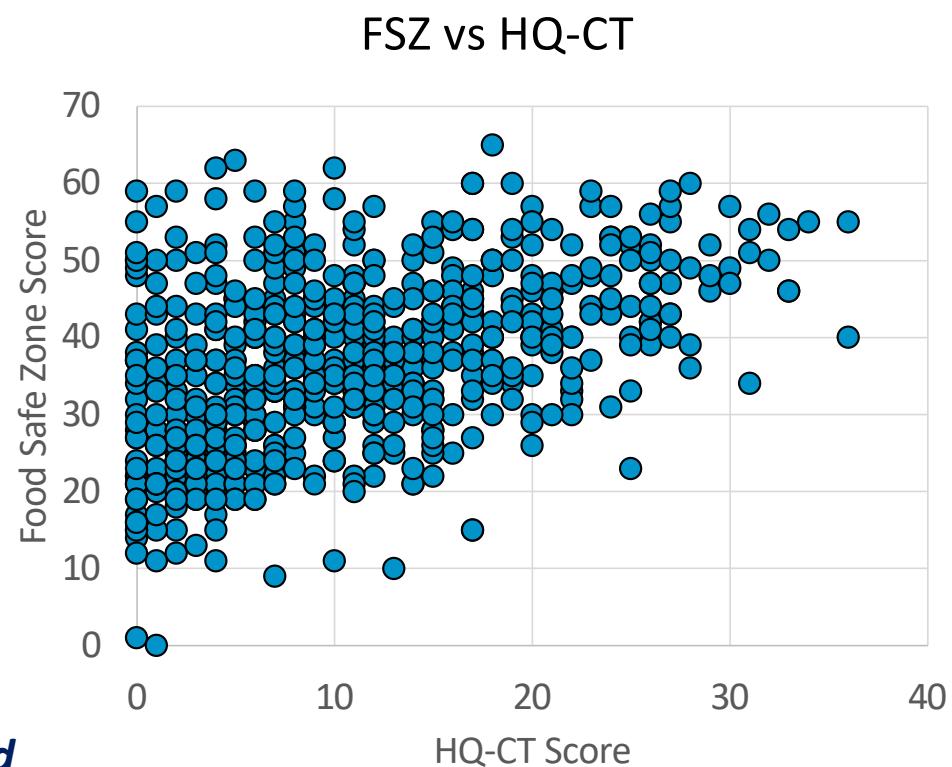
Correlation coefficients

	Age	BMI	HQ-CT	FSZ
Age		0.17	0.04	0.37
BMI			0.2	0.1
HQ-CT				0.48

Positive correlation coefficients indicate that the two measures are increasing together.

Coefficients in orange: p-value less than 0.05.

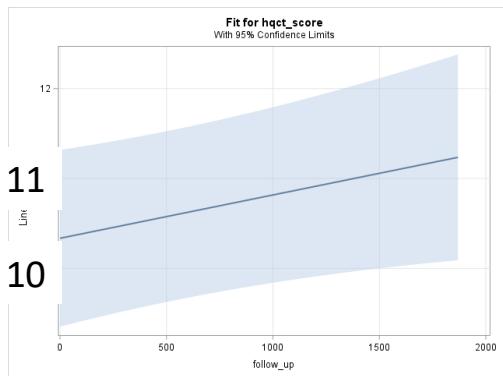
Higher HQ-CT scores are associated with increased measures to limit food access (FSZ), but also increased BMI.



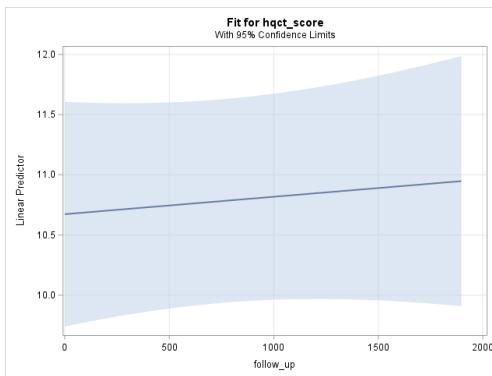
Longitudinal Analysis: Changes in HQ-CT by Age Group

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for PWS™

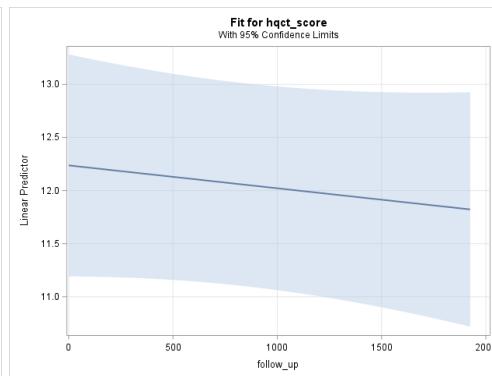
Age 5 - 11



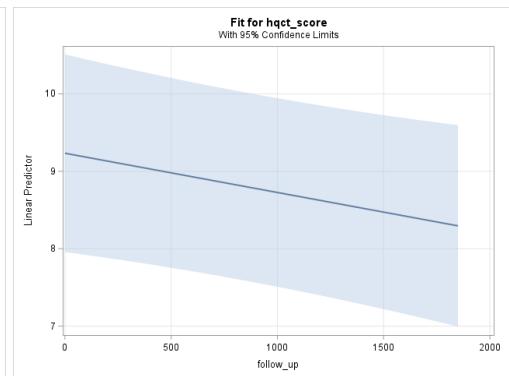
Age 12 - 17



Age 18 - 29



Age 30+



- HQ-CT is increasing the most among young children aged 5 – 11
- Increases continues during adolescence but at a slower rate
- HQ-CT levels off in early adulthood
- Slight decrease in scores observed in older individuals, age 30+
 - Controlled living situation, established routines may contribute (Matesvac et al 2023)

PATH Study Conclusions

- The PATH for PWS study, with its robust participation, provides a rich dataset to better understand serious medical events changes in behavior over time in PWS
- Extreme behaviors and mental illness are a significant concern.
- GI serious medical events are common and diverse, with many are related to poor GI motility
- Specific medical problems much more likely in the PWS population compared to the general population: e.g., knee dislocations, blood clots, seizures
- Spinal surgeries are common and are frequently associated with significant complications
- Hyperphagia as measured by HQ-CT scores increases over time in children and adolescents, and level off or drop slightly in older adults; Food Safe Zone scores go up over time



Paving the way for Advances
in Treatments & Health for PWS



Comparison of Hyperphagia and Other Behaviors:
DCCR (Soleno Therapeutics) Phase 3 C601-C602
(open label extension, 1 year) with PATH for PWS
Natural History Study

Methodology for Comparison

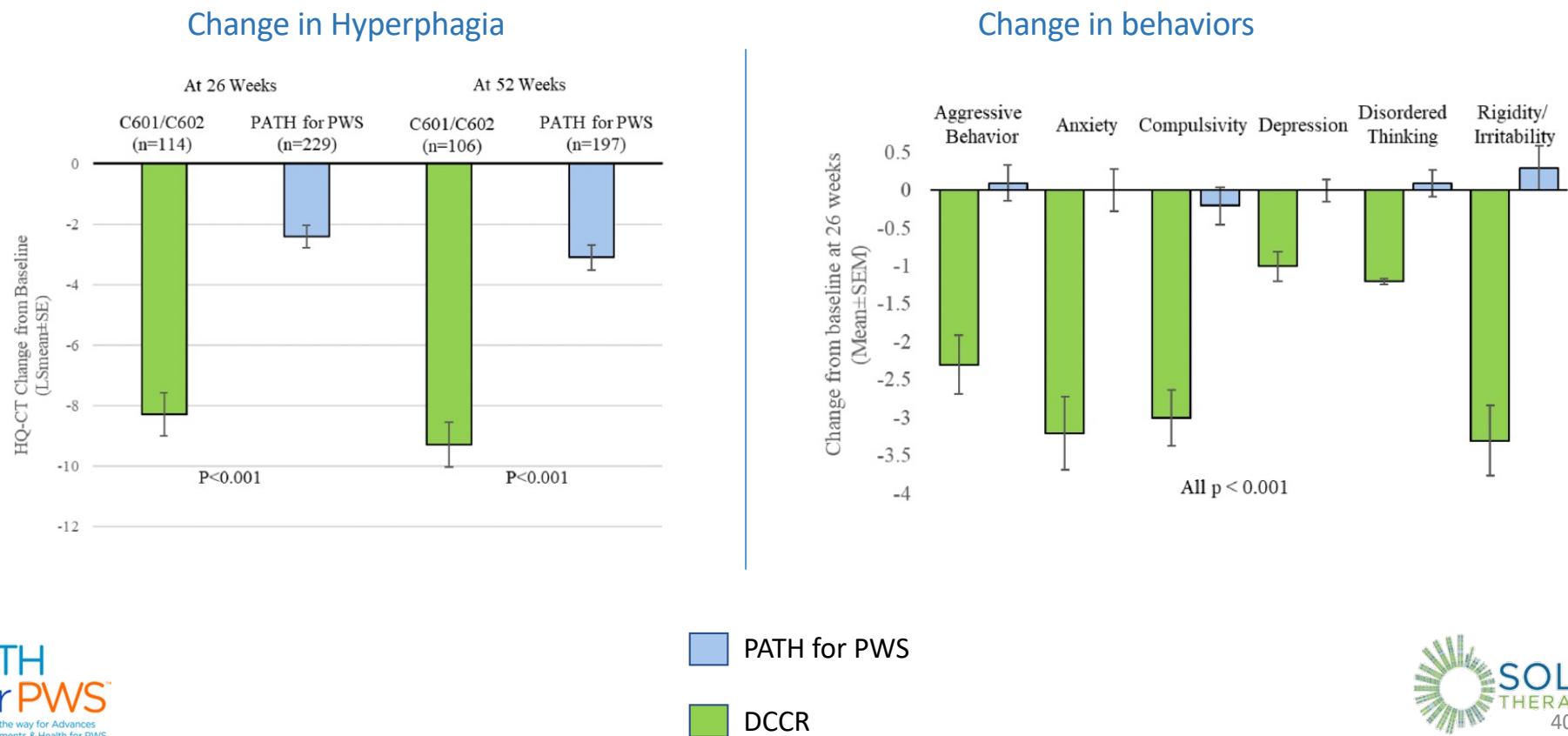


Paving the way for Advances
in Treatments & Health for PWS



- Subset of *PATH for PWS* participants who met criteria for inclusion in the Soleno C601/602 study: age, weight, HQ-CT score
- Parameters and timepoints analyzed:
 - HQ-CT - hyperphagia
 - PWS Profile (PWSP)
 - Aggressive Behaviors, Anxiety, Rigidity/Irritability, Compulsivity, Depression and Disordered Thinking
 - Compared at 26 weeks (6 mo) and 52 weeks (1 year)
- Analysis was performed by an independent CRO

Comparison of DCCR to *PATH for PWS*: HQ-CT & PWS Profile - Change From Baseline



Compared to participants in PATH for PWS who were not receiving the drug, participants treated with DCCR for 6 months or 1 year with DCCR showed:

Highly significant improvements in hyperphagia ($p <0.001$)

Significantly greater improvements in PWS associated behaviors - aggression, anxiety, compulsivity, rigidity/irritability, depression and disordered thinking

Strong et al. *Journal of Neurodevelopmental Disorders*. #####. <https://doi.org/10.1186/s11689-024-09536-x>

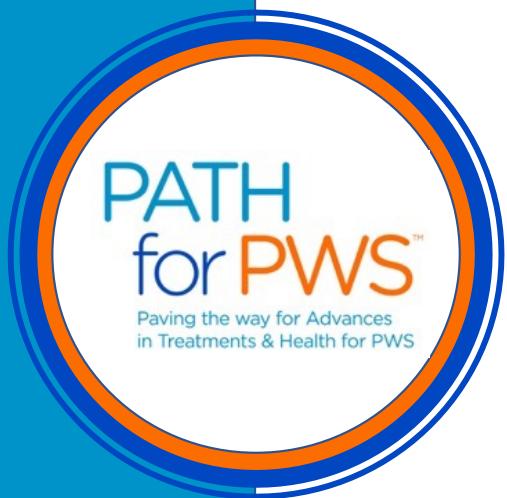
Journal of Neurodevelopmental Disorders

RESEARCH Open Access

Behavioral changes in patients with Prader-Willi syndrome receiving diazoxide choline extended-release tablets compared to the PATH for PWS natural history study

Theresa V. Strong¹*, Jennifer L. Miller², Shawn E. McCandless³, Evelien Gevers⁴, Jack A. Yanovski⁵, Lisa Matesevac¹, Jessica Bohonowich¹, Shaila Ballal⁶, Kristen Yen⁶, Patricia Hirano⁶, Neil M. Cowen⁶ and Anish Bhatnagar⁶

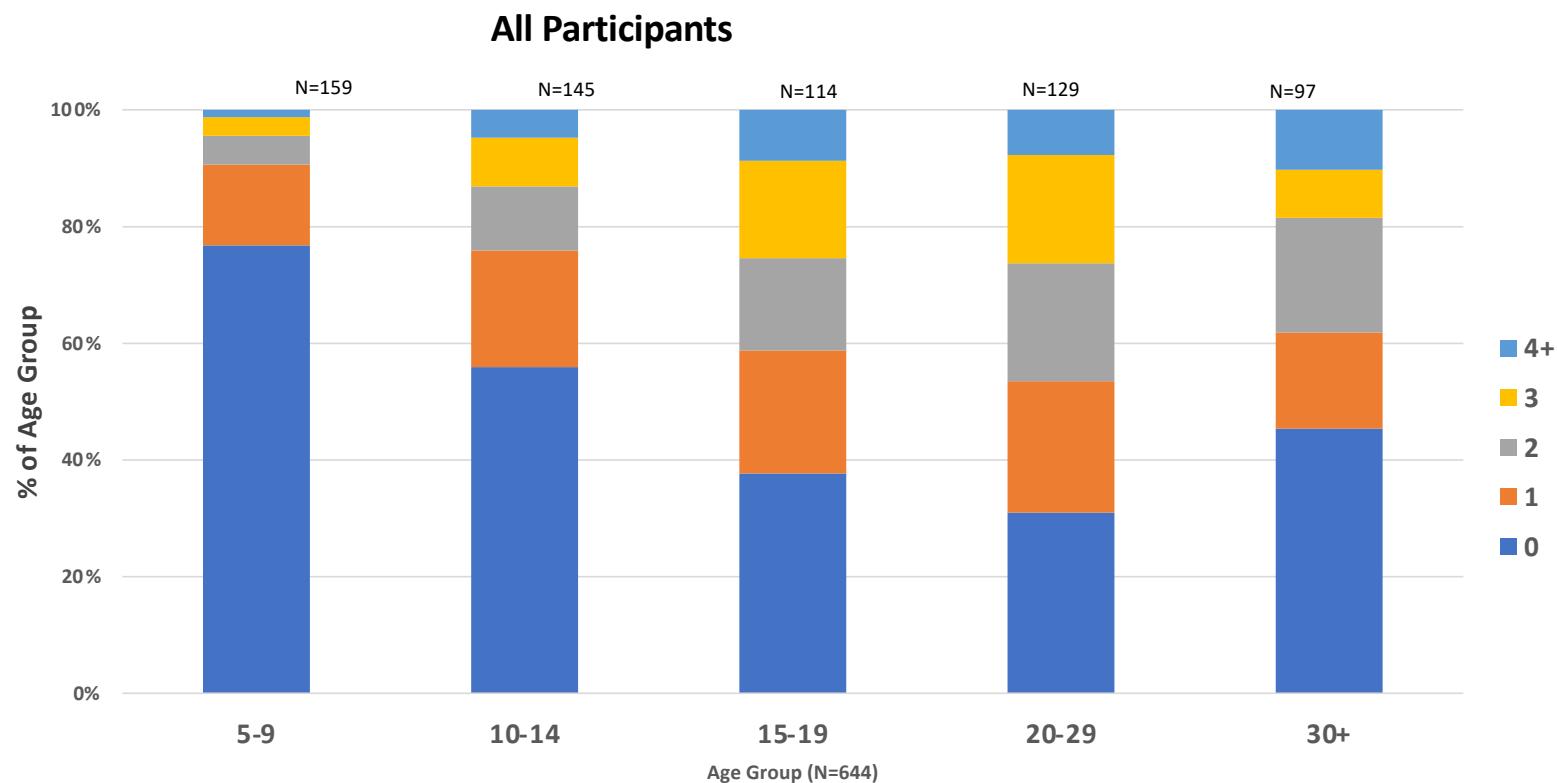
Soleno proceeded with a randomized withdrawal study that also showed significant reduction in hyperphagia in those continuing to receive DCCR



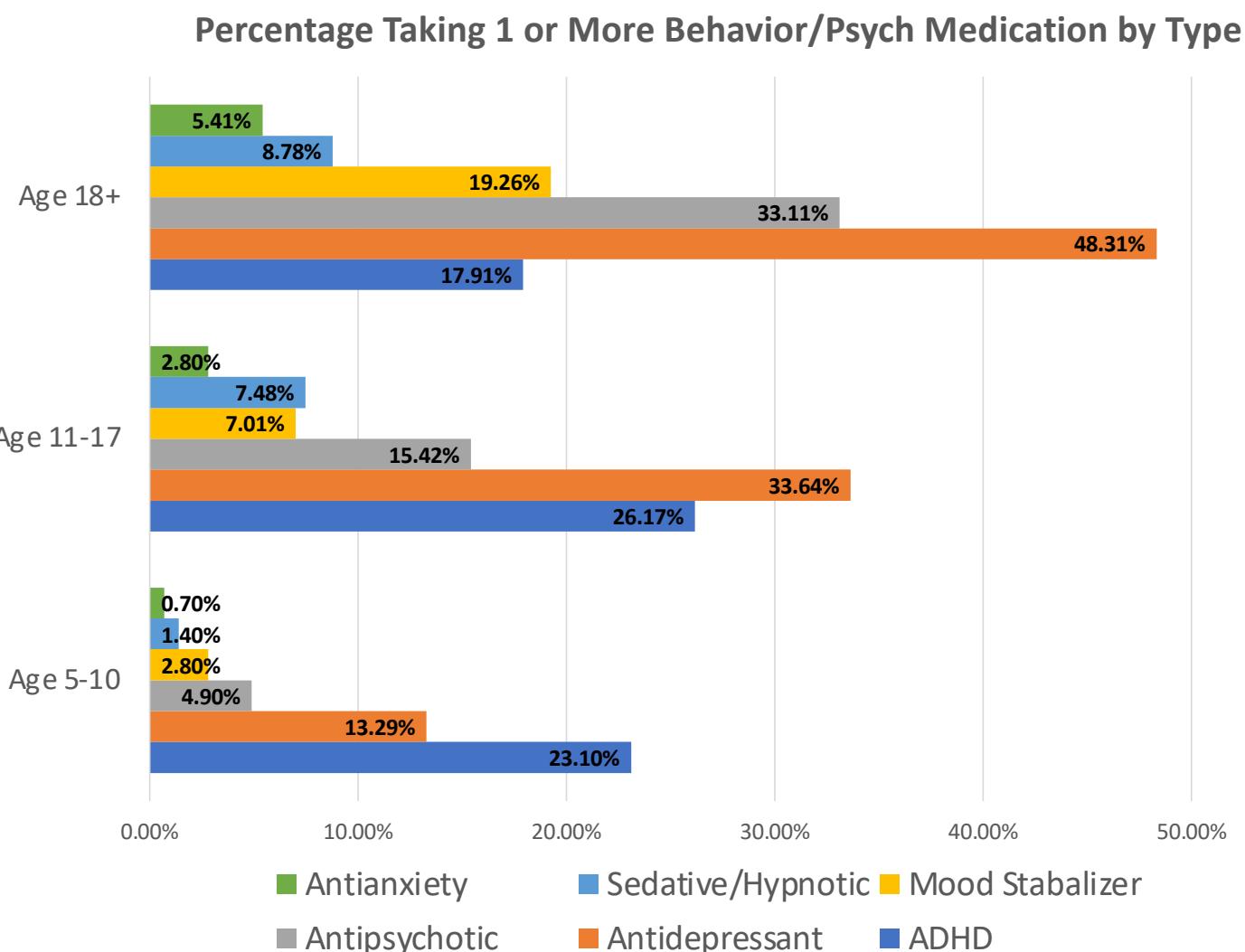
Use of Psychiatric Medications in *PATH for PWS* Participants



Psychotropic Medication Use by Age



Research need: Better data on prescribing rationale, efficacy, and long-term outcomes.



How Do PWS Patients Compare?

Group	PATH for PWS	General Population
Adolescents (12–19)	~60% on ≥1 psych med; ~20% on ≥3 meds	6.3% on any; 1.8% on ≥2 meds
Adults (20–65)	~2/3 on ≥1 med; high polypharmacy	16.5% on any prescription med
Antidepressants	SSRIs used by 35–40% aged 15+	~13% antidepressant use overall
ADHD meds	Non-stimulant ADHD med use 20% in teens/adults	ADHD med use 3.2% in adolescents

- Use of psychiatric medications is common
- Evidence of safety and effectiveness is limited
- More studies are needed to understand the benefits vs. risks of psychiatric medication use in the PWS population

PWS Clinical Trials

Active, Recently Completed, and Planned Investigational Drug Trials for PWS

COMPANY / INSTITUTION	PRODUCT	NCT #	PRECLINICAL	PHASE 1	PHASE 2	PHASE 3	APPROVAL
SOLENO	DCCR	03440814		PHASE 3 COMPLETED, FDA Approved March 2025			
ot4b	OXYTOCIN	04283578		PHASE 3 COMPLETED, FRANCE, add'l ongoing or planned			
ACADIA	CARBETOCIN	06173531		PHASE 3 Completed			
HARMONY	PITOLISANT	04257929		PHASE 3 ENROLLING			
AARDVARK	ARD-101	05153434		PHASE 3 ENROLLING			
PALOBIOFARMA	PBF-999			PHASE 2 Ongoing			
CONSYNANCE	CSTI-500	05504395		PHASE 1 PK/PD COMPLETED			
TONIX	OXYTOCIN	pending		PHASE 2 PLANNED			

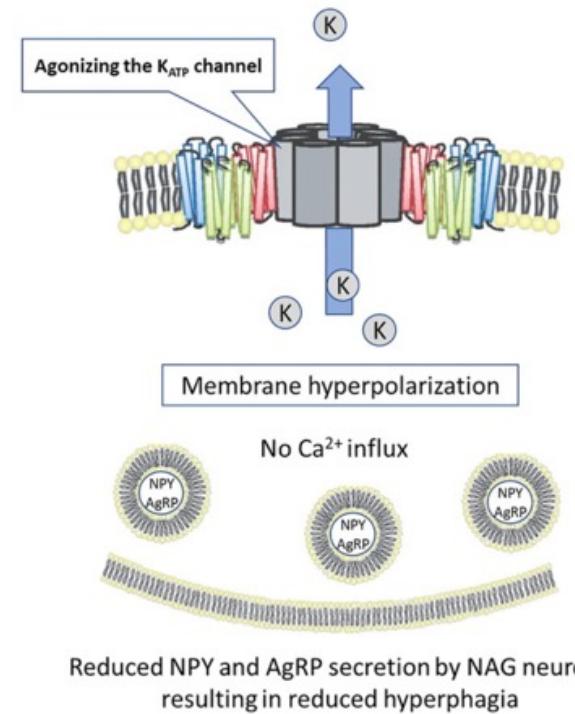
To stay up to date on PWS clinical trials: <https://www.fpwr.org/pws-clinical-trials>

For more info on Aardvark, Acadia and Palobiofarma clinical trials, see: <https://ipwso.org/research-and-clinical-trials-update-meetings/>

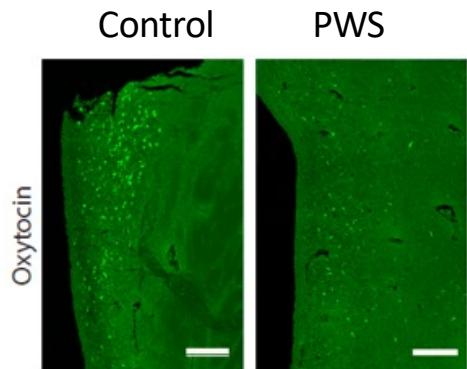


www.vykatxr.com

- Approved in March 2025 in the US - the first FDA-approved treatment for hyperphagia in individuals with PWS, age 4+
- Marketing Authorization Application submitted to the EMA in May 2025
- MOA – thought to work by opening K_{ATP} channels, reducing release of appetite stimulating neuropeptides (NPY, AgRP)
- Most common side effects: hypertrichosis (hair growth), edema, hyperglycemia (high blood sugar)



Oxytocin as a potential therapeutic for PWS



Oxytocin reduced in the brains of individuals with PWS

Bochukova et al. doi: 10.1016/j.celrep.2018.03.018

Impaired processing and release of oxytocin in PWS cells and mouse models

Chen et al doi: 10.1172/jci.insight.138576



Administration of oxytocin to a PWS mouse model improves neonatal feeding, social development

Muscatelli et al, doi: 10.3389/fnmol.2022.1071719, doi: 10.1038/s41380-021-01227-6, doi: 10.1038/s41386-022-01313-5

Outcomes of Clinical Studies of Oxytocin in PWS have been Mixed

Oxytocin-based therapies for treatment of Prader-Willi and Schaaf-Yang syndromes:
evidence, disappointments, and future research strategies
doi: 10.1038/s41398-022-02054-1



Study of carbetocin nasal spray for the treatment of hyperphagia in PWS

Phase 3: 170 participants: US, Canada, France, Germany, Spain, UK

12-week administration of carbetocin 3x per day

Primary outcome – reduction of hyperphagia as measured by HQ-CT

Sept 24, 2025 – Study did not meet primary or secondary outcomes

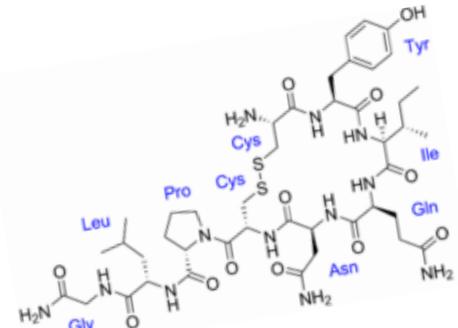
Other Oxytocin-based clinical trials



Administered to infants

Study completed in France – compassionate use

Additional studies planned internationally: European Phase 3



Phase 2 planned in US for 2026

Uses a magnesium-potentiated formulation of oxytocin



Excessive daytime sleepiness is extremely common in PWS

Can interfere with learning, socialization; impacts on mood

Pitolisant is a histamine-3 receptor (H3R) antagonist/inverse agonist, which has been shown to be effective in treating excessive daytime sleepiness in narcolepsy, cataplexy

Phase 3, double blind, placebo-controlled study is evaluating Pitolisant in people with PWS, age 6-65, who have daytime sleepiness; OLE

Trial sites in the US, Australia, Belgium, Canada, Czechia, Denmark, France, Germany, Italy, Poland, Romania, Spain, Sweden, UK



Novel drug to reduce hunger in PWS



Phase 3 international study (HERO) ongoing – double blind placebo-controlled study with an OLE

ARD-101: Oral drug, gut-restricted activation of the bitter taste receptors (TAS2R)

Stimulates release of satiety hormones (CCK, etc)

Additional studies in development for hyperphagia



Phosphodiesterase 10 inhibitor (PDE10) (PBF-999)

Phase 2, single site study soon to be completed in Spain

Planning Phase 3 for late 2026

Europe, US, Australia



CSTI-500 is a triple reuptake inhibitor: serotonin, dopamine, norepinephrine

Strategy to allow personalized dosing

Phase 1 PK/PD completed; Phase 2 in planning stage

Device / Neuromodulation Approaches for the Treatment of PWS



Transcranial magnetic stimulation



Deep brain stimulation.



Bright Light Therapy



Transcranial Direct Current Stimulation



Vagus nerve stimulation

Qi et al, *Neuromodulation for the treatment of PWS- A systematic review*
doi: 10.1016/j.neurot.2024.e00339

VNS4PWS

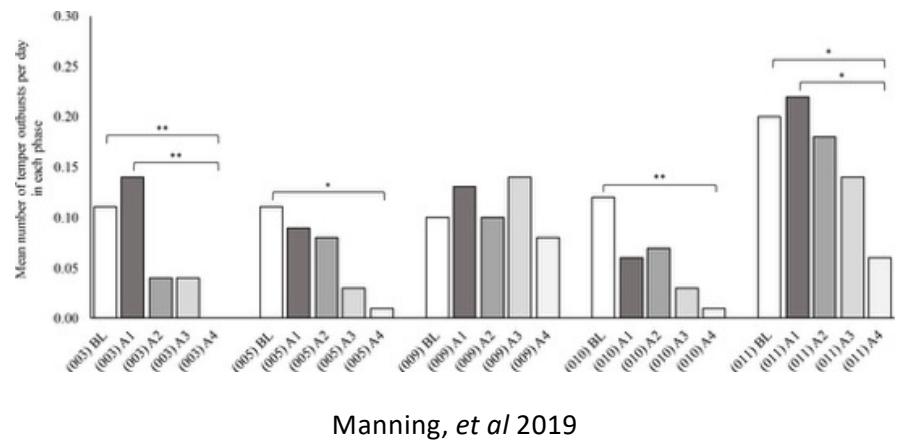
A Phase 3, Randomized, Double-Blind, Dose-Ranging, Evaluation of Transcutaneous Vagus Nerve Stimulation (tVNS) to Reduce Temper Outbursts in People with Prader-Willi Syndrome (PWS)

Sponsored by the Foundation for Prader-Willi Research (FPWR)

VNS Reduced Temper Outbursts in Pilot Studies

- Initial aim was to reduce hyperphagia – no notable impact
- iVNS reduced temper outbursts in 2 of 3 participants (Manning, 2015)
- Transcutaneous VNS led to significant reductions in temper outburst frequency
 - 6 – 9 months treatment time needed to observe improvement
- Reductions in CBI and improvement in global outcomes scales
- No significant side effects noted

Mean number of temper outbursts per day in each phase for each participant



Manning, *et al* 2019



STUDY AIMS

VNS 4 PWS: A phase 3 study to determine if VNS is safe and reduces temper outbursts in PWS



15 sites in the US

85 of 102 enrolled to date, 10 in screening

Canadian citizens can participate – need to travel to the US

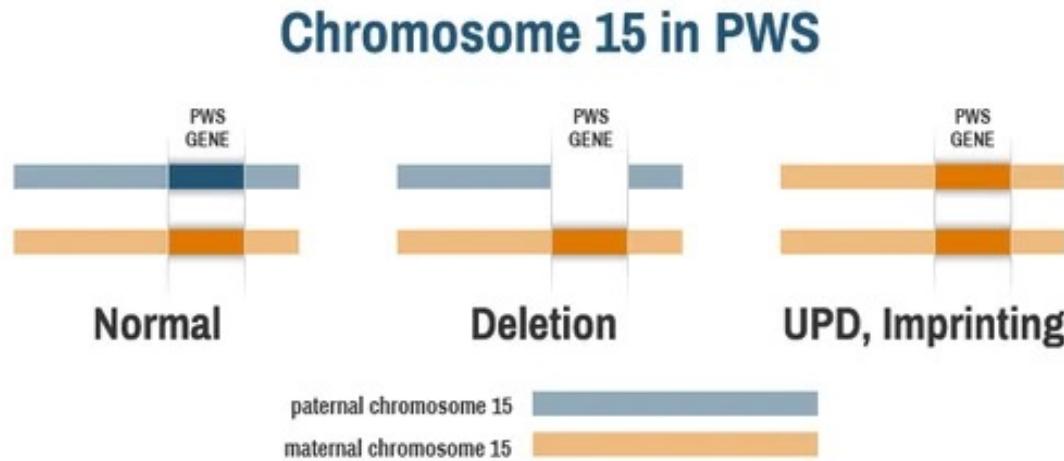
Evaluate safety, acceptability and efficacy of tVNS
in reducing temper outbursts in PWS (10 – 40 years)

Evaluate the potential benefit beyond the temper outbursts,
including hyperphagia, QOL, and caregiver burden

Determine the clinical characteristics of responders versus non-
responders

Looking ahead.....

Genetic Therapy for PWS



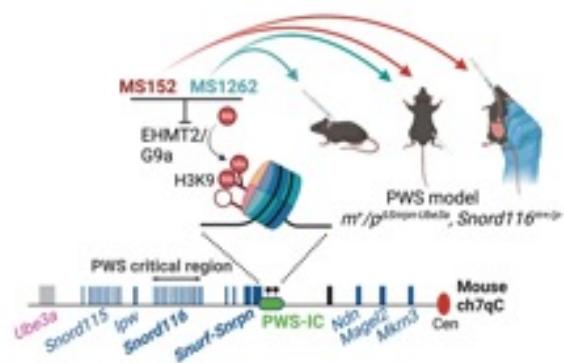
All individuals with PWS have the PWS region genes present, but silent, on the maternal chr15

The region is complex – more than one gene likely contributes to the PWS characteristics

Addresses the underlying cause of PWS – potential to be transformative *

*many questions remain

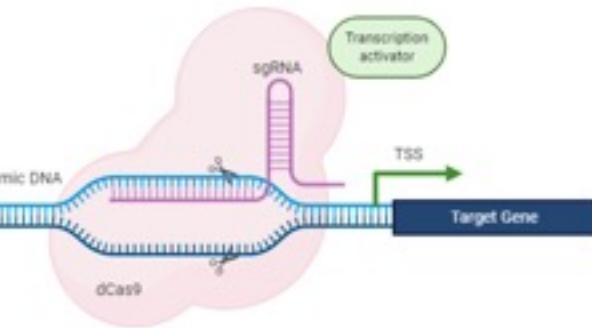
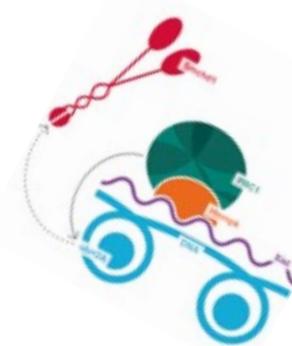
Genetic Therapies for PWS FPWR funded projects



Small molecule epigenetic modulators

Wang et al, doi: 10.1016/j.ymthe.2024.05.034

Y-h Jiang, Yale University



CRRISPR mediated gene activation in the PWS region

Rohm et al, doi: 10.1016/j.xgen.2025.100770

C. Gersbach, Duke University

SMCHD1 inhibition:

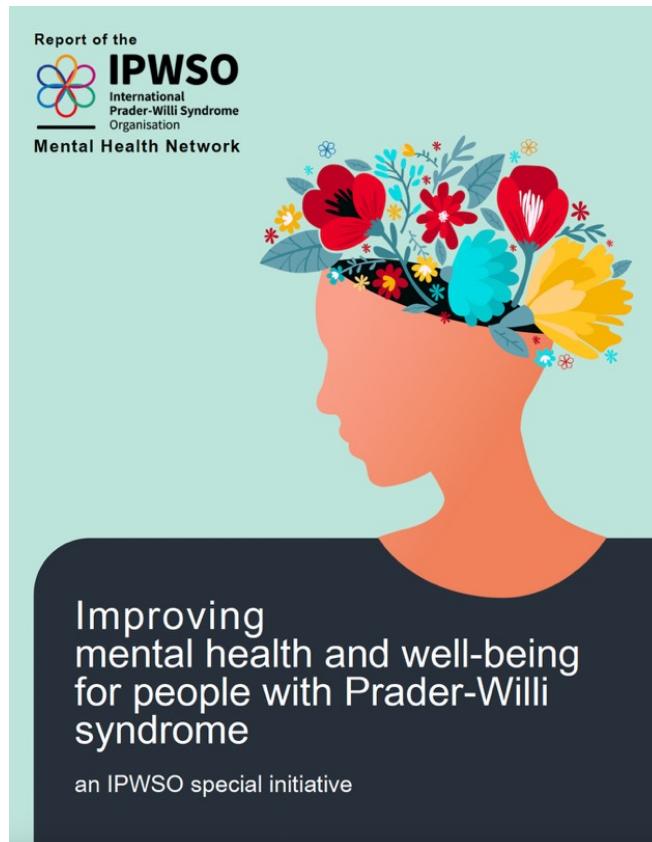
<https://www.fpwr.org/fpwr-funded-projects/how-does-the-epigenetic-regulator-smchd1-regulate-the-pws-cluster-in-humans>

M Blewitt, WEHI

Improving Mental Health and Well-Being: Outcomes from the IPWSO Mental Health Initiative



Anthony J Holland, MD



- Outcomes of a workshop at the 2022 IPWSO Workshop in Ireland, with continuing input by a subgroup of those participants
- Focus on mental health – expanded to include well-being and quality of life
- Consideration of the basis of hyperphagia, anxiousness in PWS
- Report available for download

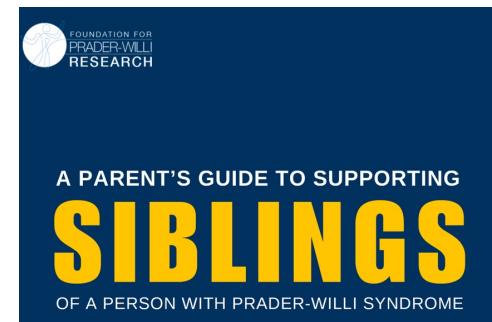
<https://ipwso.org/information-for-medical-professionals/mental-health/>

Sibling concerns



References and Support:

- <https://www.fpwr.org/supporting-siblings>
- <https://ipwso.org/information-for-families/siblings/>
- Kamble et al. *Experiences and Support Needs of Siblings of Individuals with Prader-Willi Syndrome-Findings from a Two-Stage Qualitative Study*. J Appl Int Dis Res 2025
- Pule & Hughes. *Anxiety, Depression and Stress in Parents and Siblings of People Who Have Prader-Willi Syndrome: Morbidity Prevalence and Mitigating Factors*. J Intellect Disabil Res. 2025



How can I support PWS research?

Sign up for the Global PWS Registry and complete surveys

Sign up for the “Clinical Trial Alert” – this also includes non-clinical trial opportunities:

<https://www.fpwr.org/pws-clinical-trials>

Learn about / consider participating in a clinical trial

Volunteer to be an Advocate Reviewer (caroline@fpwr.org)

Participate in a fundraiser



Age 10 & Up

15 min Zoom call

Elizabeth.roof@Vanderbilt.edu

<https://www.fpwr.org/blog/help-advance-pws-treatments-by-joining-the-my-hq-project>

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Jim Strong, MD	Grandview Medical Ctr, AL
Deepan Singh, MD – psychiatric medication	

PATH COMMUNITY PARTNERS



Working Toward an Independent Future



Paving the way for Advances
in Treatments & Health for PWS



Thank you, fundraisers!



for Prader-Willi Syndrome

